

TED^x Miramar
Hyvelle Ferguson-Davis



Hyvelle Ferguson
Davis

www.HeartSistas.com

(786) 231-7704

heartsistas@gmail.com





HYVELLE FERGUSON DAVIS

FOUNDER OF HEART SISTAS



At the age of 45 years old, Hyvelle Ferguson Davis suffered a heart attack and stroke all in a short span. Determined to learn how to ensure she did not become another statistic, she began the hardest fight of her life, learning how to regain the control that she lost through her health crisis.

Through this journey of survival, Hyvelle noticed when she walked in the medical room, too often her voice was not being heard. As she became more educated on preventive measures related to her diagnoses, she realized had that she been given this information sooner, things could have been different for her. Recognizing a significant gap in knowledge for many African-American women facing similar diagnoses, she felt a calling to help women like her and turned her focus to advocacy.

This realization led to the birth of Heart SistAs!



HEART SISTAS' INAUGURAL BLACK-TIE FUNDRAISER GALA



“GUARDING OUR BEAUTIFUL”

Heart Sistas is a 501(c)3 non-profit grassroots organization that brings awareness, education, and resources to underrepresented women dealing with diabetes, heart disease, stroke, and mental and emotional health. We believe that every woman deserves to live a healthy and fulfilling life, and together we are here to support them every step of the way.

To support our mission, we hosted our inaugural Black-Tie Fundraiser Gala on December 1, 2023 in Plantation, FL. The gala featured live Bahamian cultural entertainment, delicious food, an auction, a fashion show, and heartwarming stories shared by guest speakers.

Together, we can make a difference and create a world where every woman has the resources and support she needs to thrive.





MEDIA & PRESS

BROWARD HEALTH: HEART ATTACK AND STROKE SURVIVOR GROWS A LOVE FOR GARDENING



WATCH VIDEO [HERE](#) OR CLICK THE IMAGE ABOVE

CBS MIAMI: MIAMI PROUD: "HEART SISTAS" FOUNDER PROMOTES HEALTHIER LIVING TO FIGHT HEART DISEASE



WATCH VIDEO [HERE](#) OR CLICK THE IMAGE ABOVE



MEDIA & PRESS

AMERICAN HEART ASSOCIATION: KNOW DIABETES BY HEART AMBASSADOR, HYVELLE



WATCH VIDEO [HERE](#) OR CLICK THE IMAGE ABOVE

THE DONNIE MCCLURKIN SHOW: HYVELLE - A SURVIVOR TESTIMONY



Know **Diabetes** by **Heart**™



WATCH VIDEO [HERE](#) OR CLICK THE IMAGE ABOVE



MEDIA & PRESS

BLACK ENTERPRISE

THE 2019-20 KNOW DIABETES BY HEART NATIONAL AMBASSADORS ARE:

Hyvelle Ferguson Davis (Fort Lauderdale, FL) – Following her Type 2 diabetes diagnosis at age 33, Hyvelle, now 47, tried to make the necessary changes to manage her condition, but she reverted to a poor diet and lifestyle habits. At 41, she had a wakeup call—a stroke, followed by quadruple bypass surgery—that inspired her to fully commit to healthy living. Hyvelle’s champions are her sister, Judith Missick, and her niece, Sasha Missick.

[CLICK HERE TO READ FULL ARTICLE](#)

healthline

Success Story: How Technology Helps Me Manage My Type 2 Diabetes

[CLICK HERE TO READ FULL ARTICLE](#)

SELF

Diabetes Diary: How One Mom Modifies Her Favorite Haitian Food

[CLICK HERE TO READ FULL ARTICLE](#)



Heart Attack Survivor Aims to Bring Awareness to Heart Health with First Annual Gala

[CLICK HERE TO READ FULL ARTICLE](#)



The Mended Hearts, Inc.

Fighting With Heart: One Survivor’s Journey

[CLICK HERE TO READ FULL ARTICLE](#)



SUPPORT OUR CAUSE



All proceeds from Heart Sistas apparel are used to support our movement. To shop, please click one of the images below or visit HeartSistas.com/Shop.



To learn about upcoming events and more ways you can get involved, please visit:

www.HeartSistas.com